

FORCE FOR HEALTH

EMPOWERING CITIZENS TO

LEARN IT LIVE IT SHARE IT

A population health initiative aiming to improve the health of the community by encouraging individuals to take responsibility for their own health through education, living a healthy lifestyle, and being an example for others in order to help them do the same.

Visit **theforceforhealth.com** for more information

ENABLING HEALTHIER COMMUNITIES



DATA INSIGHTS AND POLICY

Quizzes and surveys reveal key insights about the community's health needs and highlight areas for policy and education improvement.



INFRASTRUCTURE

Many health services and programs already exist in the community. A comprehensive directory helps residents more easily connect with those services.



COMMUNITY ORGANIZATIONS

The Force for Health aims to provide resources to guide the execution of meaningful projects to improve the community.



FRIENDS AND FAMILY

Online courses, blog posts, and quizzes allow individuals to improve their own health literacy and provide an opportunity to share the resources with others.



INDIVIDUAL

An individual's health journey can be evaluated based on social determinants such as housing, food, safety, education, and transportation.

Force for Health Resources:

Force for Health Academy
Basic Health Assessment
Resource Directory
Event Calendar
Blog
Force for Health TEAMS
Force for Health Internship Program
Community Portal: MyHealthyHuntingdon.com

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